

SPORT

STUDIA STACJONARNE

SEMESTR ZIMOWY

2023/2024

II ROK I STOPNIA

| Specj. | Grupa | 7 - 8 | | | | 8 - 9 | | | | 9 - 10 | | | | 10 - 11 | | | | 11 - 12 | | | | 12 - 13 | | | | 13 - 14 | | | | 14 - 15 | | | | 15 - 16 | | | | 16 - 17 | | | | 17 - 18 | | | | 18 - 19 | | | | 19 - 20 | | | |
|------------------------------------|-------|-------|-----------|---|---|-------|---|---|---|--------|---|---|---|---------|-------------------------------------|---|---|---------|------------------------------------|---|---|---------|---------------------------------|---|---|---------|-------------|---|---|---------|---|---|---|---------|---|---|---|---------|---|---|---|---------|---|---|---|---------|---|---|---|---------|---|---|---|
| | | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | | | | |
| | | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 |
| PONIEDZIAŁEK | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| TRENER PRZY GOTOWANIA MOTORYCZNEGO | I | A | SIATKÓWKA | | | | | | | | | | | | ĆWICZENIA KOMPENSACYJNO-KOREKCYJNE | | | | FAR | | | | PSYCHOLOGIA | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | B | SH | | | | | | | | | | | | co 2 tyg. od 02.10 019 SH | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | II | A | SIATKÓWKA | | | | | | | | | | | | ĆWICZENIA KOMPENSACYJNO-KOREKCYJNE | | | | Wspólnie z II WF I ^o | | | | PSYCHOLOGIA | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | B | SH | | | | | | | | | | | | co 2 tyg. od 02.10 019 SH | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| TRENER WYBRANEJ DYSCYPLINY SPORTU | III | A | SIATKÓWKA | | | | | | | | | | | | ĆWICZENIA KOMPENSACYJNO-KOREKCYJNE | | | | ĆWICZENIA KOREKCYJNO-KOMPENSACYJNE | | | | Wspólnie z II WF I ^o | | | | PSYCHOLOGIA | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | B | SH | | | | | | | | | | | | co 2 tyg. od 09.10 019 SH | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | IV | A | SIATKÓWKA | | | | | | | | | | | | ĆWICZENIA KOMPENSACYJNO-KOREKCYJNE | | | | 26 BIBL. | | | | 311 A | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | B | SH | | | | | | | | | | | | co 2 tyg. od 09.10 019 SH | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

Obóz zimowy I termin 16.12.2023 - 22.12.2023

II termin 02.01.2024 - 07.01.2024

PONIEDZIAŁEK

SPORT

STUDIA STACJONARNE SEMESTR ZIMOWY 2023/2024

II ROK I STOPNIA

| Specj. | Grupa | 7 - 8 | | | | 8 - 9 | | | | 9 - 10 | | | | 10 - 11 | | | | 11 - 12 | | | | 12 - 13 | | | | 13 - 14 | | | | 14 - 15 | | | | 15 - 16 | | | | 16 - 17 | | | | 17 - 18 | | | | 18 - 19 | | | | 19 - 20 | | | |
|------------------------------------|-------|-------|---|---|---|-------|--|---|---|--------|---|-------------------------|--|---|---|---|---|---------|---|---|---|---------|---|---|---|---------|---|---|---|---------|---|---|---|---------|---|---|---|---------|---|---|---|---------|---|---|---|---------|---|---|---|---------|--|--|--|
| | | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | | | | |
| WTOREK | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| TRENER PRZY GOTOWANIU MOTORYCZNEGO | I | A | | | | | PSYCHOLOGIA co 2 tyg. od 03.10 105 B | | | | | KSZTAŁT. SZYBK. | ZABAWY I GRY RUCHOWE | KSZTAŁTOWANIE SIŁY I MOCY ZAWODNIKA | KSS - GRY ZESPOŁOWE co 2 tyg. od 03.10. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | B | | | | | TECHNOLOGIA INFORMACYJNA co 2 tyg. od 10.10 309 A | | | | | 231 A | NH | SIŁOWNIA NH | SH | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | II | A | | | | | PSYCHOLOGIA co 2 tyg. od 10.10 105 B | | | | | ZABAWY I GRY RUCHOWE | KSZTAŁTOWANIE SIŁY I MOCY ZAWODNIKA | KSZTAŁT. SZYBK. | KSS - GRY ZESPOŁOWE co 2 tyg. od 10.10. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | B | | | | | TECHNOLOGIA INFORMACYJNA co 2 tyg. od 03.10 309 A | | | | | NH | SIŁOWNIA NH | 308 A | SH | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| TRENER WYBRANEJ DYSCYPLINY SPORTU | III | A | | | | | ZABAWY I GRY RUCHOWE | | | | | SIATKÓWKA | PSYCHOLOGIA co 2 tyg. od 03.10 18 BIBLIOTEKA | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | B | | | | | NH | | | | | SH | TECHNOLOGIA INFORMACYJNA co 2 tyg. od 10.10 309 A | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | IV | A | | | | | ZABAWY I GRY RUCHOWE | | | | | SIATKÓWKA | PSYCHOLOGIA co 2 tyg. od 10.10 18 BIBLIOTEKA | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | B | | | | | NH | | | | | SH | TECHNOLOGIA INFORMACYJNA co 2 tyg. od 03.10 309 A | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

Obóz zimowy I termin 16.12.2023 - 22.12.2023

WTOREK

II termin 02.01.2024 - 07.01.2024

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STUDIA STACJONARNE SEMESTR ZIMOWY 2023/2024

II ROK I STOPNIA

| Specj. | Grupa | 7 - 8 | | | | 8 - 9 | | | | 9 - 10 | | | | 10 - 11 | | | | 11 - 12 | | | | 12 - 13 | | | | 13 - 14 | | | | 14 - 15 | | | | 15 - 16 | | | | 16 - 17 | | | | 17 - 18 | | | | 18 - 19 | | | | 19 - 20 | | | | | | | | | | | | | | | | | | | | |
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| | | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | | | | | | | | | | | | | | | | | | | | | |
| ŚRODA | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| TRENER PRZY GOTOWANIA MOTORYCZNEGO | I | A | PODSTAWY ŻYWIENIA | | | | METODYKA WYCHOWANIA FIZYCZNEGO | | | | KSS - SPORTY INDYWIDUALNE 1 poł sem. do 22.11 | | | | FIZJOLOGIA | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | B | 308 A | | | | 229 A | | | | STADION | | | | 210 A | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | II | A | | | | | PODSTAWY ŻYWIENIA | | | | METODYKA WYCHOWANIA FIZYCZNEGO | | | | KSS - SPORTY INDYWIDUALNE 1 poł sem. do 22.11 | | | | FIZJOLOGIA | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | B | | | | | 308 A | | | | 229 A | | | | STADION | | | | 210 A | | | | FIZJOLOGIA | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| TRENER WYBRANEJ DYSZYPLINY SPORTU | III | A | PRZYGOTOWANIE MOTORYCZNE SP1 121NH | | | | PODSTAWY ŻYWIENIA | | | | METODYKA WYCHOWANIA FIZYCZNEGO | | | | FIZJOLOGIA | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | B | PRZYGOTOWANIE MOTORYCZNE SP1 121NH | | | | 308 A | | | | 229 A | | | | 214 A | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | IV | A | | | | | METODYKA WYCHOWANIA FIZYCZNEGO | | | | | | | | FIZJOLOGIA | | | | PODSTAWY ŻYWIENIA | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | B | | | | | 210 NH | | | | | | | | 214 A | | | | 308 A | | | | 26 BIBLIOTEKA | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

Obóz zimowy I termin 16.12.2023 - 22.12.2023

II termin 02.01.2024 - 07.01.2024

ŚRODA

SPORT

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2023/2024

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| Specj. | Grupa | 7 - 8 | | | | 8 - 9 | | | | 9 - 10 | | | | 10 - 11 | | | | 11 - 12 | | | | 12 - 13 | | | | 13 - 14 | | | | 14 - 15 | | | | 15 - 16 | | | | 16 - 17 | | | | 17 - 18 | | | | 18 - 19 | | | | 19 - 20 | | | | | | | | |
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| | | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | 1 | 3 | 4 | 6 | | | | | | | | | |
| | | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | 5 | 0 | | | | | |
| CZWARTEK | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| TRENER PRZY GOTOWANIA MOTORYCZNEGO | I | A | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | B | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | II | A | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | B | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| TRENER WYBRANEJ DYSCYPLINY SPORTU | III | A | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | B | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | IV | A | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | B | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

PRZYGOTOWANIE
TAKTYCZNE
SP3 103 + STADION

Obóz zimowy I termin 16.12.2023 - 22.12.2023

CZWARTEK

II termin 02.01.2024 - 07.01.2024

